M. E. S.

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It does not seem any time since the September News Letter came off the press and now the dead-line for this number is fast approaching. This time there is so much to write about that we can waste no space over preliminaries.

The school is running along smoothly Lis The teachers are full of energy and enthusiasm . The students are conscientiously studying Anatomy or climbing the ropes (we hope), swinging on the Flying Rings discussing the merits of Shaw and Shakespeare with Mrs. Kirkwood (these are juniors) and they like the class so much they put their books on their favorite chairs an hour ahead to reserve a place), acquiring a wonderful knowledge of swimming and life-saving (we judge this from the fact that there is a class for some of them every day in the week except Thursday). They play basketball with vim and , they "bully" in field hockey (or they did. for this season), they brush, hop, brush in tap dancing children's dances, ceremonial dances, queer dances, beautiful dances, all kinds of When you have fifty-eight students doing these things (twentyone seniors, thirty-five juniors, two specials) you can understand what an interesting and busy place The Margaret Eaton School is. Don't you wish you were back? (Illustrations by Shirley Naylor *37)

This is one time when your wishes may come true, for the chance is yours on December 27, 28 and 29 to return to M.E.S. for all sorts of classes under the auspices of your own Alumnae. Miss Marjorie Hillas of Teachers College, Columbia University who taught in the course last year, is coming again and will teach basketball and both elementary and advanced tap dancing. Miss Alison McCann, whom some of you will remember from the Camping Convention last spring, is to be in charge of recreational activities, folk dancing and music in camp. Miss McCann is very much alive, keenly interested in whatever she is teaching and her enthusiasm is contagious. Miss Marior Hobday, graduate of Boston University and of Sargent and our own instructor in the Modern Dance, is to be in charge of the classes in the Modern Dance while Eleanor Keyes *36, instructor in swimming at the Eaton Girls' Club, is to teach swimming. Jack Purcell, world's professional badminton champion, is instructing in that subject and Jack Lemen will teach social dancing. If you are going to swim, be sure to bring your doctor's certificate with you, also your bathing cap and shower shoes. The members of the committee in charge of the holiday course are: Molly Maw 35 (convener), Bessie Pitt '25, Mary Barker '25, Dorothy Jackson '27 and Margaret Davison

Camp this year was a very happy month. Tanamakoon was lovelier than ever and the weather was almost perfect with just enough rain to make us appreciate the sunshine weather more. The teaching staff consisted of Miss Somers, Miss Jackson and Miss Naylor with more. The data and the second Rockcliffe Park. Dr. Joan Franklin Adams and Miss Eileen Rowe the nurse, looked after the health of the girls, and Ir. Adams also taught tennis. Miss Nadine Ysaye was in charge of music and Mr. W. R. Watson of the Biclogy Department of the University of Toronto was there for two weeks as nature instructor. Many were the expeditions organized, scmetimes at the break of dawn, under the direction of "Mr. Nature". Visitors to camp were Miss May Livingstone, Mr. and Mrs. David Smith of the Community Life Training Institute, Barrie, Ontario, Marjorie Hillas, Adele Statten Ebbs, Mary Northway and several graduates.

The Alumnae Council of The Margaret Eaton School, which was appointed last year to act in an advisory capacity to the school, met for the first time in a joint meeting with four members of the staff in May, 1939. There were present Lucille Jacob, Mary Barker and Barbara Claxton representing the Alumnae Council and Elizabeth Raymer, Dorothy Jackson, Charlotte Layton and Florence Somers for the school. Present day problems of the school were discussed. Gratification was expressed that music, handcraft and other cultural activities were being added to the school curriculum, end that the members of the senior class had made a two-day visit to several Young "cmen's Christian Associations in the vicinity of Toronto. One thought that each senior class should elect one of its members to be the Alumnae representative of that class. The question of having senior matriculation for entrance requirement to the school was discussed. It was suggested that the course of study might be two years in length for those with senior matriculation and three years in length for those with junior matriculation. The creation of an Auvisory Board was considered and several names were suggested for possible members.

- F. A. S.

Those in active work in physical education or even those who are not teaching but want to keep up their interest in the profession, would enjoy the magazines we take for the library. Here they are:

American Bowman Canadian Nature Dance Observer Hygeia Service Bulletin Health

Journal of Canadian Physiotherapy Association Journal of Health and Physical Education Canadian Tennis and Badminton Magazine Canadian Public Health Journal

Journal of Educational Sociology

Riding Camping Magazine The School School Progress Canadian Forum Adult Learning Rocreation Folk News Beach and Pool Y. W. C.A. Notes

Bulletin Canadian Physical Education Association

As promised in our September letter, we are giving you this month short accounts of the special summer work of some of our graduates. Winnifred McEvoy has written about the Ling Centenary at Stockholm; Kay Johnson has written on her trip to Sweden and Kay Bird has told us of the summer course at the University of Michigan.

A COLLEGE HOLLDAY

After a six weeks session at the University of Michigan during the past summer, I think I have discovered the ideal physical ed's holiday. If you want education or social life, an inexpensive vacation and interesting companions all in one, college is the place to find them. The University of Michigan is situated at Ann Arbor, thirty miles from Ictroit, and within easy reach of numerous beautiful lakes. The

campus is set amidst park-like surroundings and the buildings are among the finest of American universities. The facilities for athletics include three large well-equipped gymnasiums, forty-four tennis courts, a running track, several baseball dismonds; and indoors are two swimming pools, fourteen handball courts, thirteen squash courts and twelve badminton courts.

Of course taking physical education is especially attractive. Tennis, golf, swimming modern dance, tap dancing, riding and archery are among the practical courses; and if you wish something of a more serious nature there are courses in all aspects of hygiene, and physiology or methods of teaching. Also there is a Fresh Air Camp outside Arn Arbor, in connection with the University, where a camp education course is given. The University makes sure one's social needs are well-provided for with dances, tea-dances, outing club picnics, square-dancing, concerts, plays, lectures, even bridge lessons, and tours to spots ranging from Detroit to Niagara Falls. All the residences are beautifully furnished buildings. The fees are amazingly reasonable. Also it is in residence that one feels most the atmosphere of college life. Here you can be as frivolous as you wish, or as industrious. So if you cannot decide what to do next summer, save your pennies, take a summer course and I am sure you will not be disappointed.

- Kay Bird '36

Per Henrik Ling's Centenary

This summer Sweden celebrated the one hundredth anniversary of the founding of gymnastics by one of their national heroes, Per Henrik Ling. The celebration took place at Stockholm in the form of a gymnastic fete which was called the Lingiaden, and in which all countries were welcome to enter. This demonstrated the progress and type of gymnastics developed since 1839. Of the seven thousand participating nearly two thousand were Danish men and women, and I was lucky enough to be with them. We (the Danes!) labelled with small red and white Danish flags, sailed from Copenhagen July 19th, and as we pulled into Malmo's quay we were greeted by cheering crowds and photographers while a Swedish band played the Danish National anthem. Here we boarded a private train bound for Stockholm. Such was the kindly reception given to every competing country and which prevailed throughout the week of the Lingiaden. Arriving in Stockholm we were delegated to different schools where we slept on straw ticks in cleared class-rooms - our meals being served twice a day at the armories two miles away? Every morning before breakfast we went through our whole gymnastic table and in our spare time were taken sightseeing by launch, street car or bus.

The Lingiaden opened on the evening of July 20th in Stockholm's tremendous outdoor 'Stadion' which seats twenty thousand, and every seat was taken' Representatives from thirty-seven countries in many types and various shades of uniform marched, with flying banners, into position on the grounds facing the Royal box. It was the most thrilling experience to hear the applause and cheering sweep around the bleachers as each new flag passed by. Then a hush fell over the assembly and as suddenly wild cheering broke forth, as the state carriage entered bearing the King and Queen of Sweder. Speeches of welcome were delivered in many languages; then the King of Sweden said a few words, Stockholm's Symphony Orchestra played and a choir sang, after which an enormous wreath was placed on the Ling memorial in the Stadion as taps rang solemnly forth. This ceremony lasted about two hours during which the gymnasts stood at attention. It was rather gruesome to see the number who fainted under the strain, but every one who was taken out by Red Cross attendants returned for the final march past reviewed by the King.

Every minute of the following days was beautifully scheduled. The large gymnastic groups performed at the Stadion in the evenings while the smaller groups demonstrated at four large halls in different sections of the city. One of the most spectacular performances was given by the group of one thousand Germans, men and women, whose feats of strength and precision of action were remarkable. Finally, dressed in colours of the rainbow, they ended all together with a simple folk dance in circular

formation, finishing in a seething, whirling mass which brought the audience to their feet in deafening appleuse. The groups of Norwegian and Danish 'Older Men' (ages leet In dealership of Knudsen), performed gymnastics and apparatus work that made us realize age means nothing to the Scandinavians. Again the audience were weak after watching Krogshede, a former teacher at Neils Bukh's school in Ollerup who now has his own school near Copenhagen, leading his five hundred Danish men. They had perfect timing, not one mistake nor crooked line in their gymnastics, and the apparatus work and tumbling were super

Froken Abeldgaard, Brup and Bording of Denmark and Fr. Immonen of Finland led Bjorksten groups. It was amazing to see their different interpretations yet all with the same underlying principles. The Norwegian girls excelled in balance work on the boom and Froken Bertram's girls of Denmark had some remarkable form balance work, although her gymnestics were rather a queer flowing type with much arm and leg movement and not much stress on posture. The Estonians' work was very much like creative dancing technique. It was most unfortunate that the Swedish gymnasts had the only rainy day in which to demonstrate as they were covered with mud before they had finished, but in spite of difficulties were excellent. The Ling Physical Education Association group from England performed Swedish gymnastics with machine-like perfection without music and with very few commands. Astrid Schnitt's group from Liverpool Physical Training College and the Scottish girls (Krogshede) we thought exceptionally good. The last day of our stay we were given a supper dance by the King and here peoples of all nations rubbed shoulders and a spirit of great comradeship prevailed. Perhaps by the next Lingiaden, Canada too will be represented, and touring Canadians will proudly point them out as "our team"!

- Winnifred McEvoy '35

Sweden

It is difficult to imagine the warmth and sincere friendliness of the Swedish people distressed by the miserable condition of Europe. Sweden impressed me as a place of wholesomeness, concord and satisfactory relationships, both economically and socially. The fine physique of the Swedes; may have many contributing factors - the even climate the bracing air of the North (Don't forget Tanamakoon!) and the well chosen and well prepared foods. (We had to order by sight, and were initiated into the sour milk soup of the country by trial and error. We thought it to be cream of mushrooms a la Campbell.) However, the National Movement for the Promotion of Physical Education for everyone - grandchild to grandparent - is responsible in great part for the physical well-being apparent. The Swedish Nation has the honour of presenting one of the earliest systems of formal gymnastics, and the government has training colleges, normal schools of physical education, from which graduate the school system's physical instructors. Besides this, there are, in the rural parts, very suburban to the larger cities, beautifully situated and equipped training schools, where any interested (and there are many), may take a six-month course in physical education, living in, to study, play and develop physically, socially and mentally, for a cost of one hundred and fifty dollars to cover the entire training and board.

One of these short erm colleges is that at Lillvsed, an Algonquin-like gem about an hour's drive from Stockholm. Students graduating from these training courses are not professionally certificated as are those from the Normal Schools, and are not permitted to accept money for teaching, but return to their own communities to handle groups of all ages voluntarily as part of the National Movement. These groups are assorted, even to Old Men's Conditioning Classes, in which obese patriarchs limber like Father William of "Alice in Wonderland". Catering mainly to farm people, the six month's training is given during the winter, when farm activities are low. During the summer two-week refresher courses are conducted for all interested, and the acres of woodland, with lakes, boating and swimming make the stay a holiday. The suburbs of Stockholm, Sweden's capital, are a veritable Muskoka, fairly reaching in at the back door of that busy city. The Lillvsed campus is surrounded by four ultra-modern, white buildings - a women's dormitory, a men's dormitory, a classrcom

unit, with specially designed noiseless seats, and a dream of a gymnasium, convertitle in a few moments into a concert hall, by smart little truck loads of modernistic little tubular nickel chairs which fit into each other for packing purposes. Chlique ropes, booms, serpentines, climbing ropes, and all sorts of body improving gadgets float through the air with the greatest of ease, upon little manual effort, and the stage at one end has twin dressing rooms which lead down to the pool (much like ours at M.E.S.). The course includes training in Swedish gymnastics, folk dancing and sports, with all necessary theory and methods. The playing field is Varsity Stadium condensed, with a much superior running track. As climax to this Utopia, the newer schools in the cities are following the Lillvsed building plan. I should like to join a two-week session with a party of M.E.S. ers along. There indeed, would be an event.

- Kathleen Johnson '32

NEWS AND SOCIAL NOTES:

On Saturday, November 18th, the seniors entertained the members of the junior class and their escorts at a tea dance. It was held at the residence, and while it must have made a great deal of extra work for Mrs. Marriott and her household staff, the attractive surroundings added much to the pleasantness of the dance. Mrs. Marriott and Miss Somers, Joan Moredith, head girl, and Mary Walker, head of the senior class, received in the reception hall, dancing took place in the big living-rocm and supper was served in the dining-room and library.

Miss Hamilton's meny friends will be interested to hear that she has gone by motor to Phoenix, Arizona, with her mother, Mrs. T. J. Hamilton and her sister Sally, to visit a married sister there. Miss Hamilton will go on to California in January where she will attend the annual convention of the American Camping Association and will return to Toronto in February. Her address for the present is 305 Encanto Boulevard, Phoenix.

Miss Somers went to Boston in October to attend the National Recreation Congress and to take charge of the meeting on women's athletics. It was a largely attended convention and full of interest. A full account by Miss Somers is given in the November Bulletin of the Canadian Physical Education Association.

An honour has come to Dorothy Jackson '27, and thus to the school and to the Alumnae, in the award to her of a Safety Education Scholarship which enables her to complete her work for her degree at New York University. Miss Jackson has been granted leave of absence from her work at the school for the second term.

Andreana Williams '22 (Mrs. Cecil Gunyan), with her three little children, is living at 11 Dunn Street, Oakville. We are glad to have her near once more.

The latest news from Kathleen Pepler '22 (Mrs. John Hall) tells us that she is living in Zanzibar where her husband is Commander-in-chief of the British fleet of Zanzibar. Her address is c/o Smith MacKenzie Company, Zanzibar, Off East Africa.

Norah Magnan '23 (Mrs. Cecil Duly) has returned with her husband and little Nonie Rae to Southern Rhodesia. They went by freighter, no deck space, no other passengers.

"A word to the wise" - It would be greatly appreciated if all graduates who marry would send the school an announcement of their marriage. Let us reassure you by stating that we would not interpret such an announcement to mean that a wedding present was expected! Aside from the fact that we want your married name for our records, we (all the staff) really are interested in hearing about what happens to you. Speaking of marriages -

Norah Fletcher '32 was married on November 18th to Mr. Cam Raikes. Theo Elmsley '32 had a jem shower for her which was attended by graduates from many different years. Katharine Mackenzie '35 is now Mrs. Kenneth Beers and lives in Moncton, N. B. Lucille Kirk '35 was married in Vancouver on October 25th to Mr. Lewis Hanson of

Saskatoon. They are living in Vancouver.

Letha Meilicke '38 is now Mrs. Stewart Keith, also living in Vancouver.

Marion Glenwright '36 was married on Saturday, November 25th to Lieutenant Clayton Edward Fuller. They will live in Toronto for the present.

Mrs. Fred Bodtker (Lissen Glahn '38) have bought their own house at 632 Mc Roberts Avenue, Toronto, a brand new one and very cosy.

Helen Parsons '22 has given up her position with the Big Sisters to accept a post as social worker with The Haven.

Rose Levy '38 has been appointed a full-time physical instructor on the staff of the Jewish Community House, Toronto.

Della MacFarlane '35 (Mount Allison '39) has been appointed Director of Physical Education for Girls at the Provincial Normal School in Fredericton and Supervisor of Physical Education and Recreation for the province of New Brunswick with headquarters in that city.

Evelyn Bale '33 in addition to her work in the Model School, has classes in dancing in Blythwood School.

Born - to

Mr. and Mrs. H. M. Fierro (formerly Charlotte Kaulbach of our staff) a son, Peter Miguel, on October 18th.

Dr. and Mrs. Peter Kinsey (Ruby Thomas '34) a daughter, Judith Elizabeth on October 2nd.

Mr. and Mrs. Ernest Broom (Helen Patterson '30) a son, James, on October 3rd.

We were delighted to have a surprise call from Peter Ryan '31 and her husband, Mr. George Robertson, both recently arrived from Tasmania. They expect to be in Toronto for at least a month.

Another recent caller was Helen Fiebig '37, now Mrs. D. F. Bennett. Helen is living in Stratford at 95 Front Street.

Edith Mary Moore '31 who took a general nurse's training after she graduated from M.E.S. and later a year's course in Public Health Nursing at Simmons College, is now doing public health nursing with the Visiting Nurses of Orange, East Orange and Maplewood in New Jorsey.

Dorothy Prat *22, who has done much voluntary work for the Red Cross Society, is now on the regular staff.

Miss Marion Hobday of our staff was married to-day (December 6th) at St. Paul's Chapel, to Major E.P.S. Allen. They will live in Toronto and Mrs. Allen will continue to teach the Modern Dance. We extend to Major and Mrs. Allen our very best wishes.

Gertrude Moore '15, physical director for women at the University of British Columbia, is spending the holiday season with her parents, 275 Runnymede Road, Toronto.

By the time this bulletin reaches you the Christmas season will be here. In spite of all the tragedy in the world to-day, may you have a jolly Christmas with hope and love and peace in your hearts. This is our wish for each one of you and we send it with our warmest greetings.

Clearlotte H. Rayton

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SPECIAL NEWS FLASH

Dona Smellie '23 and her friend Marion Gairns, on the first of April are taking over the B. A. P. Roberts Gift Shop, 96 Bloor Street west. They will be carrying on under that name for the present and Dona will be there in person after the middle of June.



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